

Hair Extension Aftercard Guide

Your guide to beautiful, long-lasting extensions.

FIRST 48 HOURS

- Do not wash, wet, or steam your hair for the first 48 hours
- Avoid sweating - skip intense workouts for 2 days
- Do not apply any products near the bonds, tape, or attachments
- Sleep with hair in a loose braid, ponytail, or pineapple (for curly hair) on a silk pillowcase
- Do not tie hair up tightly - use silk or satin scrunchies only, never rubber bands

Washing Your Extensions

How often: 1-2 times per week. Over-washing strips moisture from the extensions.

Shampoo: Sulfate-free, paraben-free only. Sulfates weaken bonds and dry extensions.

Technique: Wash downward from roots to ends. Never scrub, twist, or bunch at attachment points.

Conditioner: Mid-lengths to ends only. Never apply directly on bonds, tape, beads, or clips.

Leave-In: Apply a lightweight leave-in conditioner from mid-lengths to ends (away from bonds) to rehydrate after washing and before heat styling.

Drying: Squeeze gently with a microfiber towel. Never wring or twist. Blow dry on LOW heat near attachments.

Brushing

- Use a loop brush or extension-safe detangling brush
- Always start from the ends and work upward - never from the roots
- Hold extensions at the attachment point while brushing
- Brush 2-3 times daily to prevent tangling and matting
- a silk pillowcase
- Never brush wet extensions - wait until damp or dry

For Textured & Natural Hair (3B-4C)

- Use a satin-lined cap or bonnet instead of a scarf if wrapping is uncomfortable
- Dry detangle before washing with a wide-tooth comb or 9-row detangling brush
- Apply lightweight leave-in from mid-lengths down (avoid attachment points), then follow with a curl gel to hold and define curls
- Refresh curls between wash days with a water and conditioner spray bottle
- Avoid heavy butters and oils near bonds, tape, or beads - they weaken adhesion

Styling, Sleeping, & Rebooking

Heat Styling

- Always use heat protectant spray before hot tools
- Keep temperature below 350°F (175°C)
- Avoid applying heat directly to bonds, tape, or bead attachments
- Let extensions cool completely before brushing after styling
- For clip-ins: ALWAYS remove before sleeping

Sleeping

- Braid loosely or put in a low, loose ponytail before bed
- Sleep on a silk or satin pillowcase to reduce friction
- Heavy oils or serums directly on bonds or tape
- Never go to bed with wet or damp extensions
- For clip-ins: ALWAYS remove before sleeping

Products to Avoid

- Sulfate shampoos and conditioners
- Alcohol-based styling sprays and gels
- Heavy oils or serums directly on bonds or tape
- Dry shampoo sprayed directly on attachment points
- Chlorine and salt water (wear a swim cap)

Rebooking Schedule

Method	Interval	What Happens
Tape-Ins	Every 4-6 weeks	Remove, clean, re-tape, reinstall
Sew-In	Every 8-10 weeks	Remove thread, wash braids, re-sew
Fusion I-Tips	Every 6-8 weeks	Move beads up as hair grows
Beaded Weft	Every 6-8 weeks	Move bead row up, re-crimp
Clip-Ins	No appointment	Replace every 6-12 months
Halo	No appointment	Adjust wire as needed

- **Questions? Contact your stylist or reach out to us:**
- perfectlocks.com | +1 (888) 290-4771
- Your next appointment: